

LA CONTREDANSE
(French - Canada)

This "contredanse" is quite popular in the Saguenay area of Quebec Province. It is strongly influenced by Scottish and Irish tradition.

Pronunciation: lah KOHN-truh-DOWNS

Record: PHILO F1-2003, side A, band 5. 4/4 meter (slow down music)

Formation: Four cpls in longways formation.

Steps: All patterns can be done with simple walking steps, however, the people from the area generally do this type of dance with a "pas gigue," or "clogging step."

Clogging Step: Hop on L ft (ct 1); touch ball of R ft briskly next to L (ct &); step on ball of R ft (ct 2); touch ball of L ft briskly next to R (ct &); step on ball of L ft (ct 3); touch ball of R ft briskly next to L (ct &); step on ball of R ft (ct 4).

Meas

Pattern

1-4 INTRODUCTION. Everyone walk twd ptr and bow, R,L,R, touch and reverse.

FIGURE I. Presentation.

1-4 Cpl 1 present as in Introduction.

5-8 Repeat action of meas 1-4.

FIGURE II. Promenade down and back.

9-12 Cpl 1 promenade down the set (Skater's pos).

13-16 Make an about-face and walk back up to place.

FIGURE III. Right hand.

17-20 M 1 and W 4 meet in ctr of set and do a R hand turn and come back to place.

21-24 M 4 and W 1 do same figure.

FIGURE IV. Right elbow.

25-32 Repeat action of Fig. III but with R elbow instead of R hand.

FIGURE V. Right hand star.

33-40 Cpls 1 and 4 do a R hand star in ctr of set and come back with L hand star. When completing this figure cpl 1 moves down to cpl 4's place and others move up.

The dance then repeats with the new first cpl. This music enables each cpl to be cpl 1 once.

Presented by Yves Moreau